

# Healthy Body Routines Word Search - Answer Key

Highlighted letters show where every vocabulary word appears.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| E | I | T | B | J | I | A | O | F | S | R | F | X | L |
| X | J | U | W | A | C | T | L | S | N | E | E | C | A |
| R | M | W | H | R | L | D | F | I | P | L | A | T | X |
| Z | S | L | E | Y | I | A | R | Y | T | N | C | O | C |
| H | M | I | A | I | D | Z | N | E | L | P | P | X | N |
| C | J | V | L | U | C | R | R | C | R | A | U | L | U |
| S | P | I | T | O | X | R | A | H | E | A | R | T | T |
| M | S | L | H | L | I | V | X | T | X | F | T | S | R |
| Q | H | E | W | M | U | S | C | L | E | S | D | O | I |
| J | Q | H | J | V | G | L | T | G | R | D | U | V | T |
| D | I | J | G | Q | I | E | I | C | C | T | W | F | I |
| N | X | Z | Y | J | A | E | Y | S | I | T | N | W | O |
| Z | M | T | E | F | V | P | Z | N | S | C | T | Z | N |
| K | N | H | D | F | S | Z | E | N | E | R | G | Y | L |

## Word bank

HYDRATE • NUTRITION • EXERCISE • SLEEP • ROUTINE • ENERGY • BALANCE • MUSCLES •  
HEART • HEALTH